



Dhammagiri Forest Hermitage

Tuesday 12th May 2026

Cost \$40.00 return coach, visit to Dhammagiri, a Buddhist Monastery in Kholo. On arrival an introduction to the Monastery, food offering to the Monks (alms offering), blessing, meal, talk, discussion about Buddhist practice/meditation, guided meditation, visit the Stupa/Pagodo.

TURN OVER FOR IMPORTANT INFORMATION

Non Members add \$15.00

Deposit \$30.00 balance by **4th May 2026**

Check-In 8.00am to 8.15am

Coach departs DSC at 8.30am sharp

ETA back at the DSC 2pm (short trip)



*There are no strangers here,
Only friends you haven't met yet*

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The Tradition

For over 2,500 years, support for the monastic life has been provided by lay supporters through daily acts of generosity. The monks are not allowed to own, accept or handle money. They are not allowed to store or prepare food, and can only eat food which is presented to them daily.

The Meal

The alms offering from the participants of this Day Trip will be supplied by the Donald Simpson Café. Buddhist's are vegetarians, the meal that we will share will be fruits and vegetable platters, cake and bread.

Dress Code

Participants are requested to dress modestly when visiting Dhammagiri. **NO shorts for men or women. NO dresses above the knees or low necklines.**

Anticipated Itinerary - Subject to Change

10.00am Arrival, introduction to the Monastery
10.30am Food offering to the Monks, blessing, shared meal
11.30am Talk/Discussion Buddhist practice/meditation, Q & A, guided meditation, visit the Stupa/Pagoda

Subject to Change

Please refer Terms and Conditions on Website
Please advise the bookings team of any mobility issues
Please advise booking staff of any food allergies
Menu substitution's/additions are not offered